



## Junior Sailing Program 2012

### Overview of The Hamburg Cove Yacht Club Sailing Program:

The Hamburg Cove Yacht Club Sailing Program is a beginner to intermediate sailing program held at The Hamburg Cove Yacht Club, located on Cove Road in Lyme, CT. The program is open to children between the ages of 8 to 14. ASA Certified sailing instructors will teach the program. The student sailors will sail in both the inner cove and the outer cove using Dyers, JY Trainers and JY9's.

**This year we will again offer FOUR sessions comprising the weeks July 16-20th, July 23-27th, July 30-Aug 3rd and August 6-10th.** This is in response to last year's, successful, four-week session, when we were able to provide up to 81 sailing class weekly slots. We were able to provide as much sailing opportunity for local kids as possible. **The hours are 9 AM to 3 PM each day. The price per session is \$225.00.**

**Please note that there are two scholarships available through the HCYC based on need. Contact Pat Pabouet see below for details.**

When you fill out the attached application, please be sure to specify in which session you would prefer your sailor to be registered. Indicate also a second preference. Sessions will be filled on a first come, first serve basis, so please notify us of your choice as soon as possible. Sailors may attend up to two sessions if spaces are available. **Should you want two sessions, please indicate this on the form and your 1<sup>st</sup> and 2<sup>nd</sup> preference session choices and we will attempt to best meet your request.**

As we get closer to sailing time, registered sailors will be sent detailed information on what your sailor should bring with them to ensure them of a safe and positive learning experience.

#### Procedure for Participation in the Sailing Program:

- A. Download (hcy.com), request to be mailed, or pick up at the yacht Club, the following documents:
  1. Application form
  2. Requirements for the Sailing Program
  3. Release, Pickup and Medical Information Form
- B. Read ALL forms carefully, complete 1&3 and sign form 3.
- C. Return forms 1. (application) and 3. (release) with the required tuition (\$225 for one week, \$450 for two weeks) as soon as possible. Slots are assigned in the order the completed forms and payment are received.

#### Please return the forms to:

Patrick Pabouet  
429 Jones Hollow Rd. Marlborough CT 06447

**If you have any questions please call Pat at 860 781-7106 or email him at [Argus06108@aol.com](mailto:Argus06108@aol.com)**

**\*\*\*\*Please note that once the sailing session starts, there will be no refunds\*\*\*\***



Welcome to the 2012 Hamburg Cove Yacht Club Junior Sailing Program.  
Your sailor(s) is(are) registered for one or two of the following sessions.  
**July 16-20th    July 23-27th    July 30-Aug 3rd    Aug 6-10<sup>th</sup>**

**The following are requirements for the Sailing Program**

**Arrival and Departure:**

Classes begin promptly at 9:00 AM. Sailors should arrive a few minutes early so they have time to stow their gear and be present for the 9:00 AM. roll call. Classes are over at 3:00 PM. Please pick your child up at that time.

**Absence/Late Arrival or Early Departure:**

Please notify the head instructor as soon as possible. The Sailing program plans for the day may have to be adjusted for the student. HCYC Phone = 860-434-0215

**Sailor Expectations:**

The objective of the sailing program is to give the sailors the best learning opportunity possible. This objective requires that the students follow all the safety rules given them, and that they follow all instructions from the sailing instructors and the Hamburg Cove Yacht Club representatives.

**Life Jackets:**

**Sailors must have their own properly sized, U.S. Coast Guard approved life jacket. The life jacket must be worn, properly buckled at all time while in the boats or on the docks.**

**What to Bring:**

Following is a list of what your sailor should have with him or her daily:

- ☞ Swim suit (or two)
- ☞ Towel
- ☞ A comfortable well fitted life jacket (see LIFE JACKET above)
- ☞ Water shoes or old sneakers that can stay firmly on the feet and get wet. (Tevas are acceptable. **However flip Flops or Birkenstocks or bare feet ARE NOT acceptable.**)
- ☞ Sunscreen, sunglasses and a hat
- ☞ A change of clothes
- ☞ Lunch — Refrigerator and microwave are available.



## Junior Sailing Program 2012 Application Form

Sailor's name: \_\_\_\_\_

Sailor's Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone # with A/C: \_\_\_\_\_

**Parent/Guardian Email(IMPORTANT)** \_\_\_\_\_

Sailor's Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Parent's/Guardian's name: \_\_\_\_\_

Parent/Guardian's Local Address \_\_\_\_\_

Swimming Ability (circle one):    Excellent                      Average                      Novice  
(NB – See the minimal swimming requirements on the Parental Consent Form)

List any sailing experience: (None required) \_\_\_\_\_  
\_\_\_\_\_

Hamburg Cove Yacht Club Member? (Parent/Grandparent/Relative):                      Yes                      No

If yes, member's name: \_\_\_\_\_

Medical Concerns/Medical Information for Emergency use: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact Phone Number: \_\_\_\_\_

**Preferred Session :**                      **July 16-20th**                      **July 23-27th**                      **July 30-Aug 3rd**                      **Aug 6-10th**

**Second choice session:**                      **July 16-20th**                      **July 23-27th**                      **July 30-Aug 3rd**                      **Aug 6-10th**  
(please indicate your second choice session even if only one week is desired)

\$225.00 fee (per session) to be enclosed with this application:                      Yes                      No

Date received: \_\_\_\_\_ (to be filled out by HCYC)

**Please send to:**  
**Patrick Pabouet**  
**429 Jones Hollow Rd, Marlborough CT 06447**  
**(860 781-7106)/ email; argus06108@aol.com**



## **Release, Pickup and Medical Information Form**

Please complete the following “Parent/Guardian”, “Pick Up” and “Medical” sections below to (1) provide liability release, (2) state who will be responsible for picking up your sailor at 3:00 PM, and (3) note any medical concerns or medication the instructor should be made aware of. NOTE that sailors will only be released to the “pick up” persons listed.

### **1. Parent/Guardian Acknowledgement:**

I have read and understand the “Requirements for the Sailing Program” document and have discussed it with my child. I am aware that sailing on the water activities associated with a sailing program such as this may have inherent risks for the participant. **I agree to accept these risks and hold the Hamburg Cove Yacht Club and its employees and members harmless from claim or injury that may arise as a result of my child’s participation in this program. In accordance with the above, I can assure those responsible for the program that my child is able to “tread water” for 3 minutes and swim 50 yards unassisted by floatation devices as a minimum requirement.**

Print Parent of Legal Guardians name: \_\_\_\_\_

Signature of Parent/Legal Guardian: \_\_\_\_\_

### **2. Pick Up Information:**

Name of Sailor: \_\_\_\_\_

Pick up person: \_\_\_\_\_ Phone Number \_\_\_\_\_

Pick up person: \_\_\_\_\_ Phone Number \_\_\_\_\_

### **3. Medical Information:**

Concerns: \_\_\_\_\_

Medications: \_\_\_\_\_

Medical Contact Person: \_\_\_\_\_

Medical Contact Person Phone Number: \_\_\_\_\_

**Please mail this form with your application OR BRING NO LATER THAN 1<sup>st</sup> DAY OF CLASS. Your sailor cannot participate unless we have this completed and signed form.**

Please send to:

**Patrick Pabouet, 429 Jones Hollow Rd Marlborough, CT 06447 (Tel:860-781-7106)**

Email: Argus06108@aol.com